

## How to Use Aroma Lamps AKA: Oil Burners, Simmering Pots, & Tart Warmers

Aroma lamps are a great way to fragrance your home while adding a decorative touch to your existing decor. The concept has been around a long time, such as, simmering potpourri (potpourri gets its fragrance from the fragrance oils).

Due to the increasing prices of quality candles and the market saturation of poor burning, less expensive candles, using an aroma lamp to simmer fragrance oils is becoming more popular to educated, discriminating consumers. Fragrance oils are the environmental fragrance solution for the 21st century, and the choice of the environmentally conscious consumer.

Using an aroma lamp is a lot like burning a candle. The fragrance is diffused over a length of time vs. the quick burst of fragrance you get when using a lamp ring.

The first thing to keep in mind when selecting an aroma lamp is that each one will burn the oil at a different heat intensity, depending how high the fragrance oil is from the source of the heat. The fragrance oil sits in the bowl, so the higher the bowl is from the tea light candle, the cooler it will burn. The closer the bowl is to the tea light candle, the hotter it will burn.

Keeping this in mind, start out with 2-3 caps full of oil in the bowl. If you see that the oil is smoking intensely within 15-20 minutes, then add some hot tap water to the bowl. (NEVER ADD ROOM TEMP LIQUID TO A HOT BOWL, IT WILL CRACK) If it does not begin to smoke within the first 20 minutes, then you do not need to add any water and the oil can simmer by itself.

If you like burning candles, then you should try simmering fragrance oils. You will find that they are stronger than ANY candle you will EVER burn and there is a wider selection of fragrances to choose from. Remember, fragrance oils are what give fragranced candles their fragrance. The best candles only contain up to 30% fragrance oil. Therefore, you are going straight to the fragrance source.

For a decorative touch, add some sea glass to the bowl and pour oil on top, add water if needed. For a cooler burning bowl, the sea glass may prevent the bowl from getting hot enough to simmer the oils.

Aroma lamps can also be used to melt wax tarts, simmer liquid potpourri, simmer potpourri, and simmer fragrance crystals & salts.